

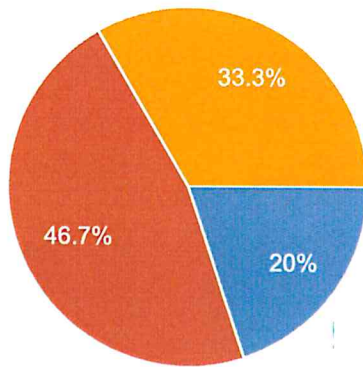
District Wellness Survey

15 responses

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Which best describes your role?

15 responses

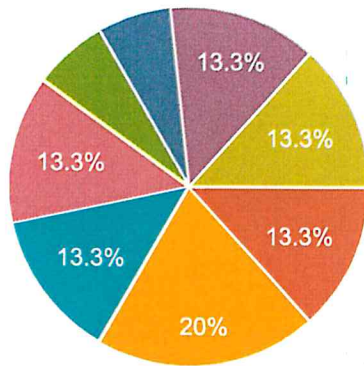


- Administrator
- Certificated Staff
- Classified Staff
- Parent



Where is your primary work location/school site?

15 responses

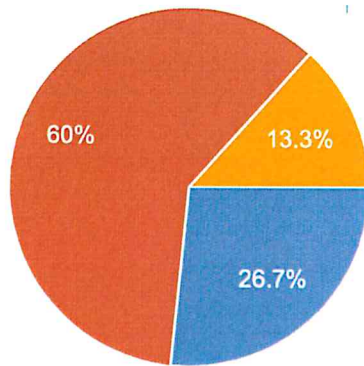


- Baker Elementary
- Cogswell Elementary
- La Primaria Elementary
- Kranz Intermediate
- Madrid Middle School
- Maxson Elementary
- Miramonte Elementary
- Monte Vista Elementary
- Parkview Elementary
- Payne Elementary
- Twin Lakes Elementary
- Voorhis Elementary
- District Office, including Magnolia Learning Center and Family Center

Health and Wellness Overview

Your school promotes a healthy lifestyle to your staff, students, and parents.

15 responses

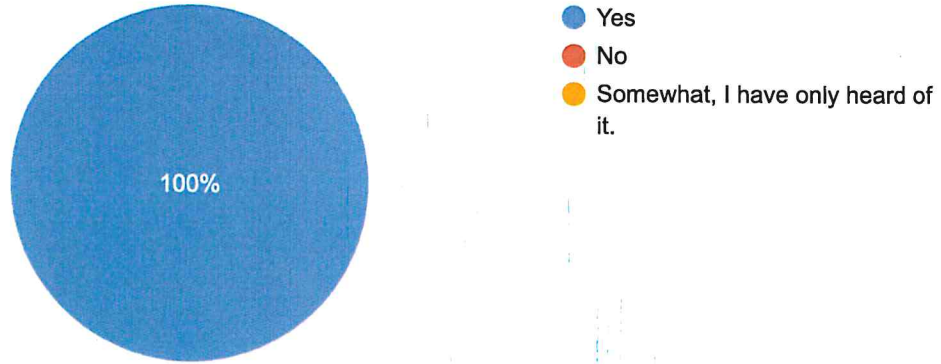


- Exceeds
- Meets
- Needs Improvement



Were you aware of the District's Wellness Policy before you filled out this evaluation form? (Please choose the response that best reflects your opinion).

15 responses



Additional comments on how your school site promotes health and wellness:

9 responses

Classes do walks in the morning, students are encouraged to try vegetables and fruits from our salad bar, we have assemblies that promote healthy lifestyles and we have parent workshops on how to prepare healthy meals and maintain a healthy lifestyle.

Our Principal Mrs. Torres is always on the look out for healthy snacks and exercises to promote at our site.

we had a farmer's market last year, and we are hoping to bring it back

- 1) Virtual Lunch with principal (reward event) focused on highlighting fruits and vegetables
- 2) RIF Drive-through events that included snacks to go: We attempted to provide healthy choices for "To Go" snacks
- 3) During In-Person Instruction, all teachers are highlighting and incorporating the importance of movement and physical activity

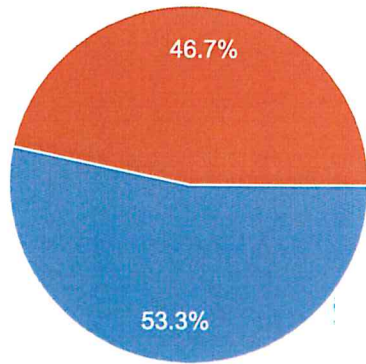
Hydration Station, healthy snacks, exercise

School Health, Safety, and Environment



Students are taught campus safety rules.

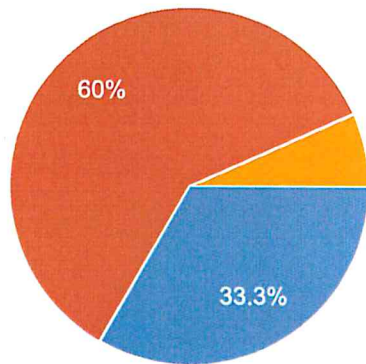
15 responses



- Exceeds
- Meets
- Needs Improvement

An "anti-bullying" policy is enforced.

15 responses

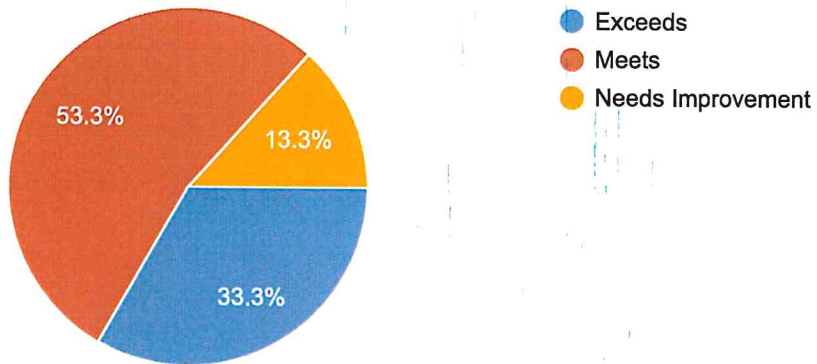


- Exceeds
- Meets
- Needs Improvement



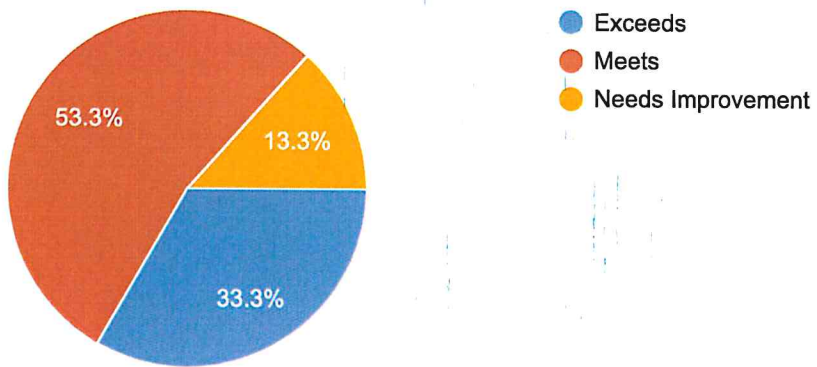
Healthy habits and injury prevention for staff and students are promoted at your school site.

15 responses



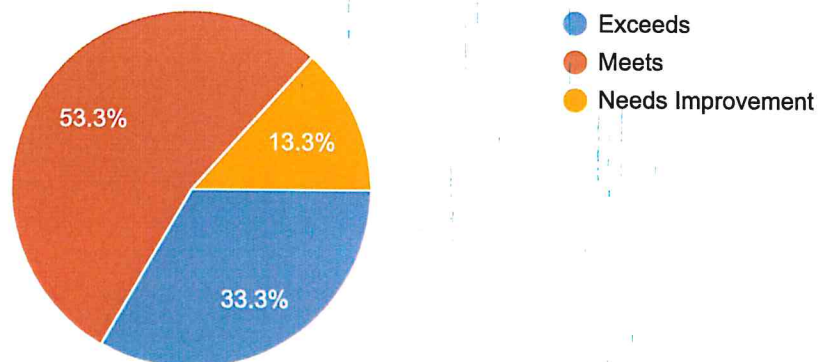
A drug and substance free environment is promoted.

15 responses



Your school encourages events that promote and support a healthy lifestyle.

15 responses



Additional comments on your school site's school health, safety and environment:

5 responses

We need to come up with a more cautious plan on teaching the students the importance of not sharing food or snacks at school during this Covid life style that we were all forced to live in. The importance of not spreading germs as we as humans are used to sharing with others but because of Covid we are learning to be extra cautious in spreading germs.

I hope to be able to incorporate and plan for a week of wellness (we had to skip it this past year) as part of a summer committee work with the "Culture and Climate" team from our school.

We had a Farmer's Market prior to COVID, we have motivational activities, we have safety assemblies, training of School Campus Monitors on how to teach playground safety to the students, etc.

All of the above needs to be promoted

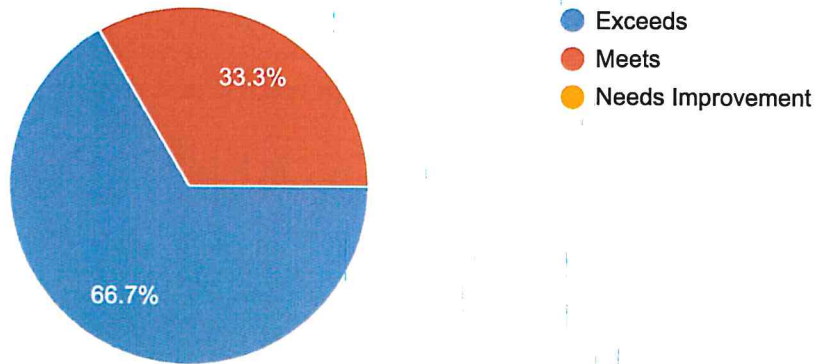
Teachers need to enforce the healthy snack policy

Nutrition



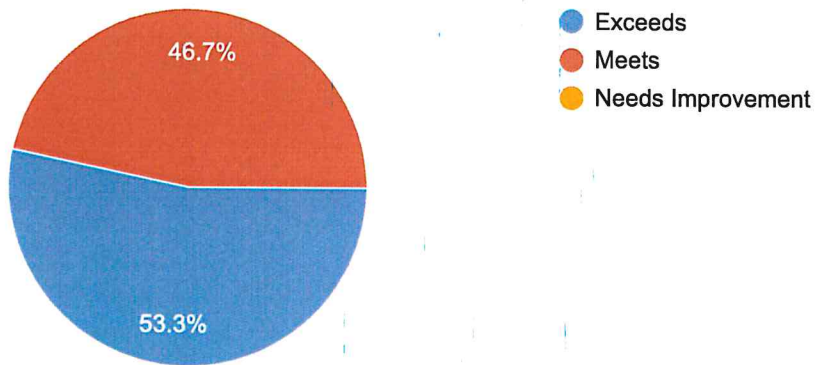
Cafeteria staff are well-prepared and efficiently serve meals to your students.

15 responses



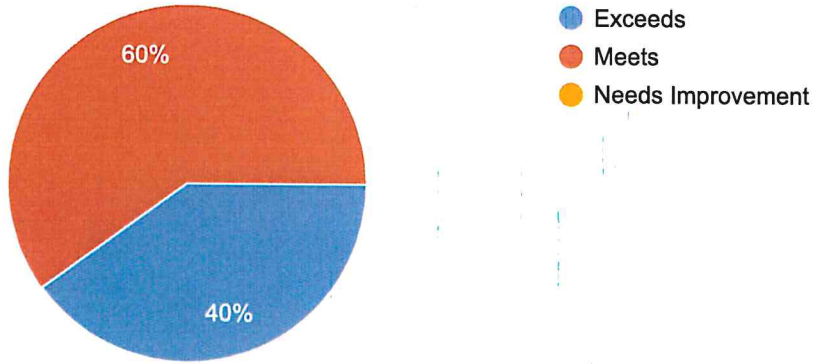
Fresh, safe, free drinking water is available to students on campus.

15 responses



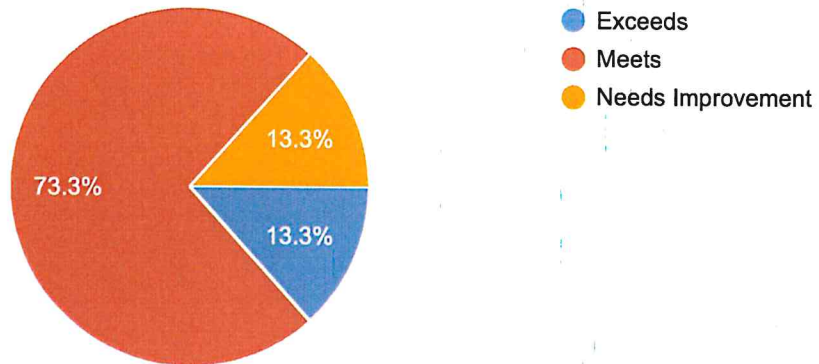
Each school ensures foods and beverages sold and served on school campus to students starting at midnight and up to one half hour after the school day will comply with the California Education Code and California Code of Regulations.

15 responses



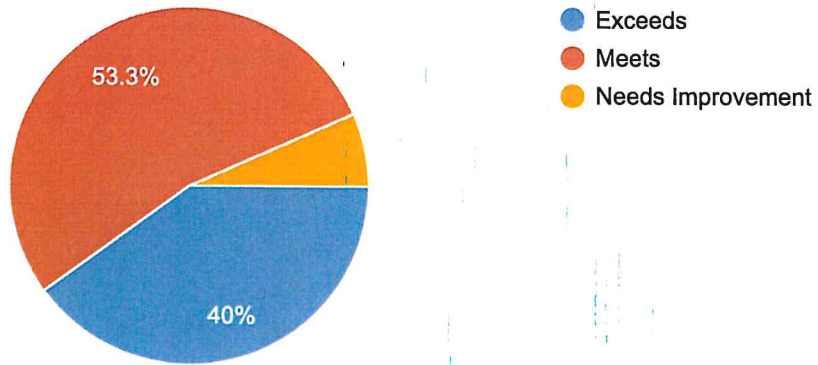
Documentation of nutrition information for foods sold outside of Nutrition Services on school campus during the day (fundraisers) are kept on file by the school at which the event occurs.

15 responses



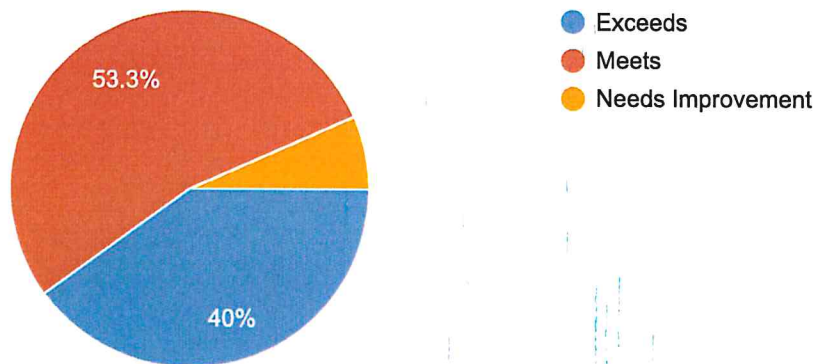
Marketing and advertising of noncompliant foods and beverages is not permitted on school campus (ex. Fast food, sugary beverages, etc).

15 responses



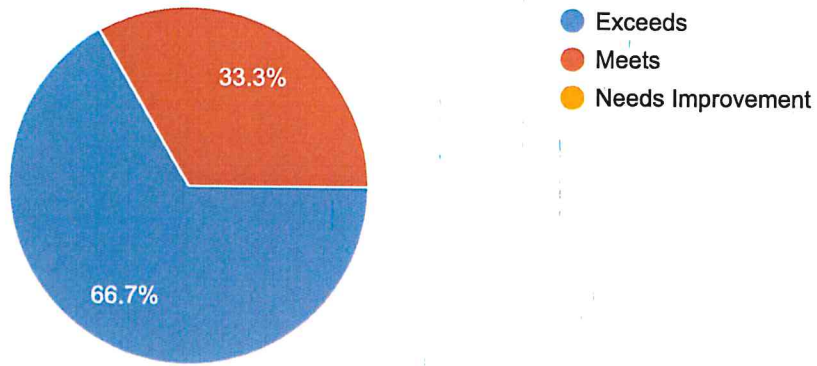
Fundraising efforts support healthy eating by selling non-food items or foods that are low in fat, sodium and added sugars.

15 responses



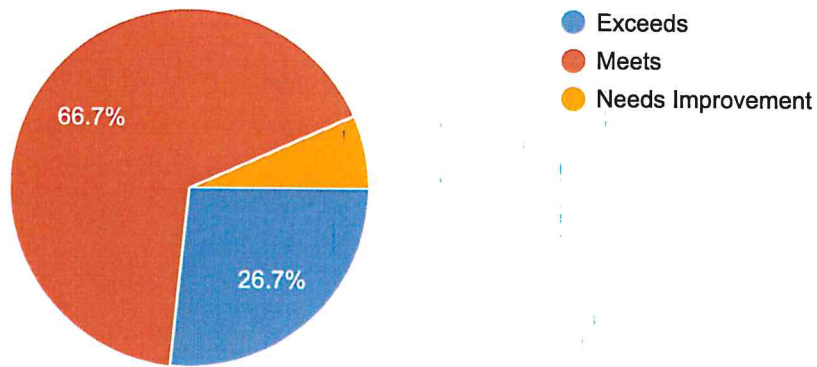
Non-food rewards are encouraged for student achievement.

15 responses



Nutrition education is provided as part of a sequential health education program and is integrated into other academic subjects.

15 responses



Additional comments on foods and beverages available on campus and nutrition education:

3 responses

We do not sell any food or beverages on campus at all. Rewards are focused mainly on non-food items or solely healthy food choices.

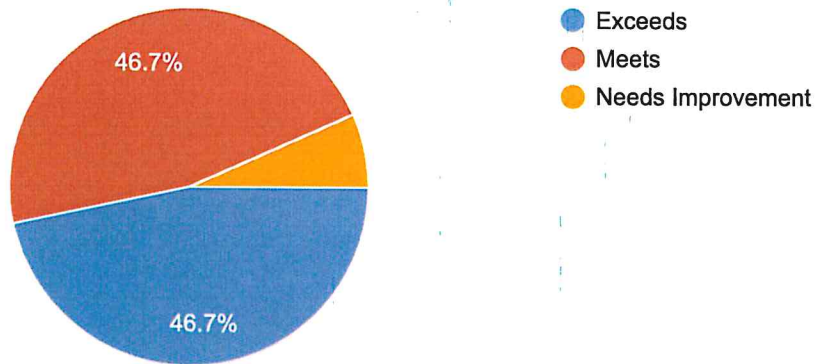
WE gave items to our 5th grade students that would help them in middle school instead of giving them snacks at the promotion.

It would work if "all" staff would encourage all of the above.

Physical Education and Physical Activity

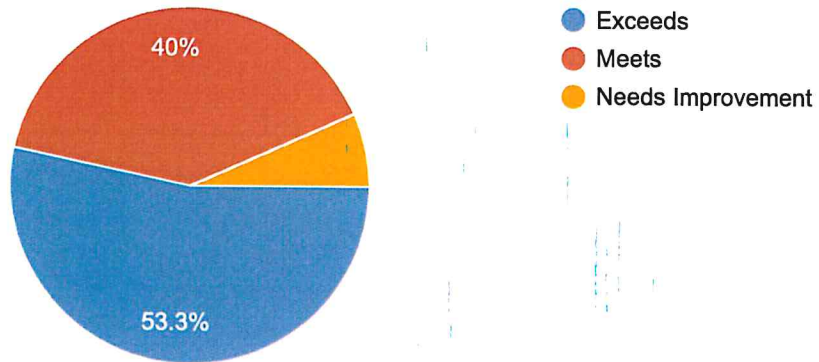
Your school provides all students with the opportunity to be physically active on a regular basis through physical education instruction and physical activity programs.

15 responses



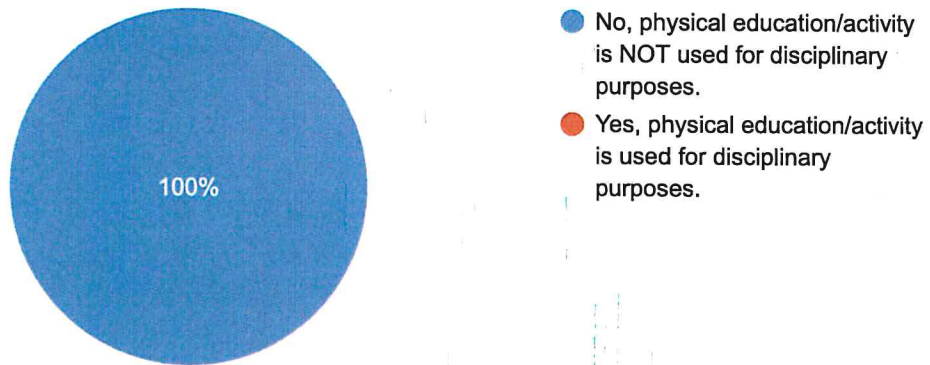
The physical education curriculum at your school follows the California Education Code requirements.

15 responses



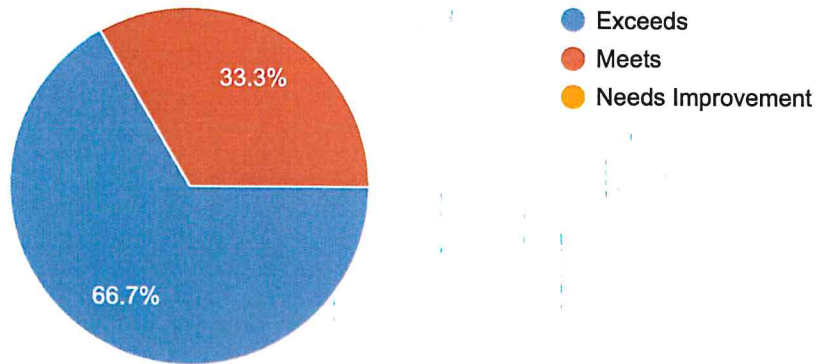
Physical education/activity is not used for disciplinary purposes.

15 responses



Physical education is delivered by well-prepared and well-supported staff.

15 responses



Additional comments about your school site's physical activity and physical education:

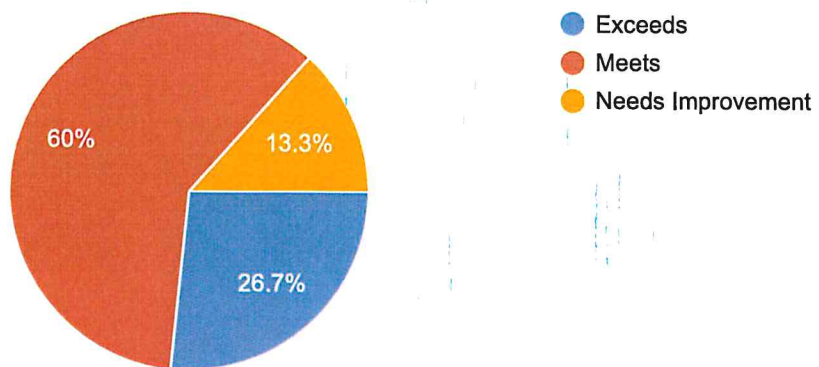
1 response

Great PE teachers

Family, Staff, and Community Involvement

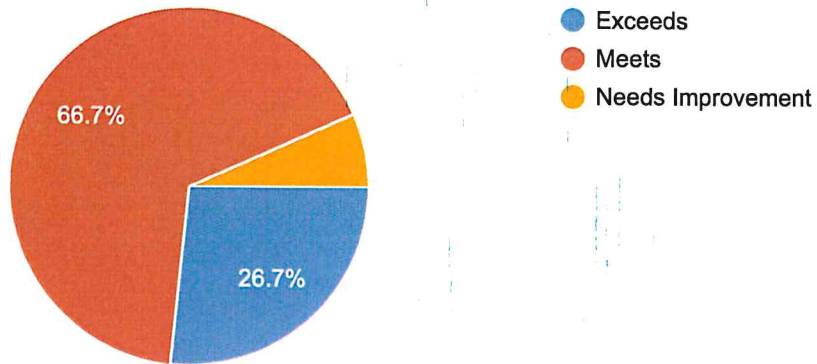
The school, community, parents, teachers, and staff encourage a healthy lifestyle for students.

15 responses



Teachers and staff model healthy behaviors.

15 responses



Additional comments on how your school site involves community, staff, and teachers in student wellness:

3 responses

Parent meetings have healthy choices of food when we had on site meetings, we encourage families in need to get the healthy district lunches, etc.

Adults on campus need to encourage and promote healthy eating

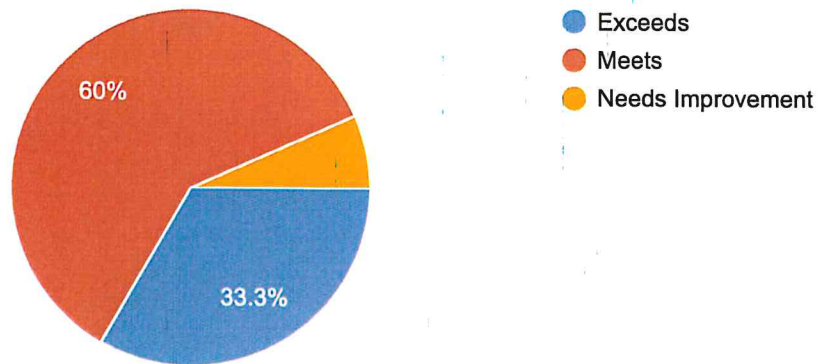
Parents need to practice healthy habits

Social and Emotional Climate



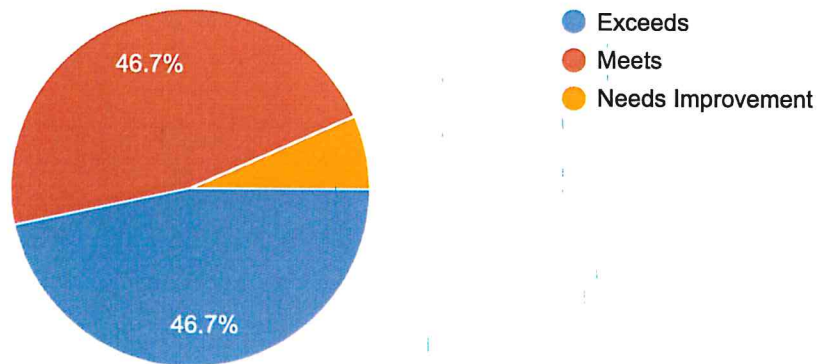
My school/department takes steps to foster peer relationships among students.

15 responses



Teachers collaborate with counseling and psychological services staff to promote social and emotional learning.

15 responses



Additional comments on your school site's social and emotional climate:

2 responses

We instituted a weekly Spirit Day this year in which we focused on getting students to feel that they belong to the Monte Vista culture and spirit.

When we were on campus we encouraged all students to participate in something at lunch time, when students came back on campus this year we did lots of engagement activities and sharing stories activities with the children.



Thank you for completing our survey. Good health to you!

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